

FUNDAMENTAL STROKES AND TECHNIQUES

HOLLOWAY

DRIBBLES/BUZZES

(DRIBBLES SHOULD CONNECT)

Exercise A: A staff with a treble clef and a common time signature. It contains two measures. The first measure has two quarter notes. The second measure has a continuous wavy line representing a dribble.

Exercise B: A staff with a treble clef and a common time signature. It contains two measures. The first measure has four quarter notes. The second measure has four groups of a wavy line (dribble) over a quarter note.

Exercise C: A staff with a treble clef and a common time signature. It contains two measures. The first measure has four quarter notes. The second measure has a wavy line (dribble) over a quarter note, followed by four groups of a wavy line (dribble) over a quarter note.

Exercise D: A staff with a treble clef and a common time signature. It contains two measures. The first measure has four quarter notes. The second measure has a wavy line (dribble) over a quarter note, followed by four groups of a wavy line (dribble) over a quarter note.

Exercise E: A staff with a treble clef and a common time signature. It contains two measures. The first measure has four quarter notes. The second measure has a wavy line (dribble) over a quarter note, followed by four groups of a wavy line (dribble) over a quarter note.

Below the exercises is a blank staff with a treble clef and a common time signature, divided into four measures by vertical bar lines.

DOUBLE STROKE

Exercise A: A staff with a treble clef and a common time signature. It contains four measures. The first measure has four quarter notes. The second measure has four groups of a double stroke (two eighth notes beamed together) over a quarter note. The third measure has four quarter notes. The fourth measure has four groups of a double stroke (two eighth notes beamed together) over a quarter note.

Exercise B: A staff with a treble clef and a common time signature. It contains four measures. The first measure has four quarter notes. The second measure has four groups of a double stroke (two eighth notes beamed together) over a quarter note. The third measure has four groups of a double stroke (two eighth notes beamed together) over a quarter note. The fourth measure has four quarter notes.

Below the exercises are two rows of R/L labels corresponding to the notes in the exercises above.

Row 1: R R L L R R L L R R L L R R L L R R L L R R L L

Row 2: R R L L R R L L R R L L R R L L R R L L R R L L

NOTE: PRACTICE EACH EXERCISE SLOW. USE A METRONOME!
EACH EXERCISE SHOULD BE REPEATED AT LEAST 20 TIMES!

