

# Four Mallet Development

## Key

L= left inside mallet  
R= right inside mallet

OR= outside right mallet  
OL= outside left mallet

Practice all exercises slowly in all keys

### I. Two sticks alternating

Ex 1

Ex 2

Ex 3

Ex 4



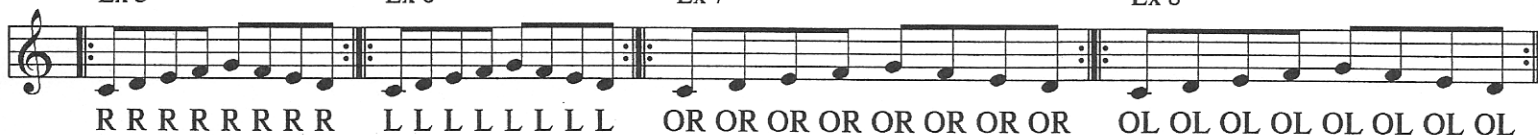
### II. One stick at a time

Ex 5

Ex 6

Ex 7

Ex 8



### III. Double stops (use same pattern for all intervals)

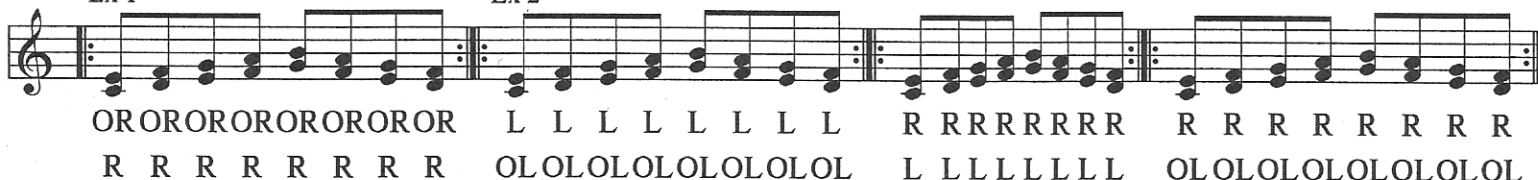
A. 3rds, 5ths, 2nds, 4ths, 6ths, 7ths & Octaves

Ex 1

Ex 2

Ex 3

Ex 4

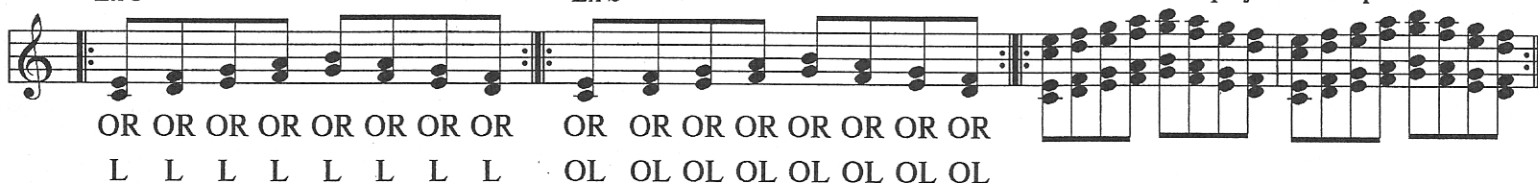


### B. Double stop octaves (all intervals)

Both hands play the same pattern

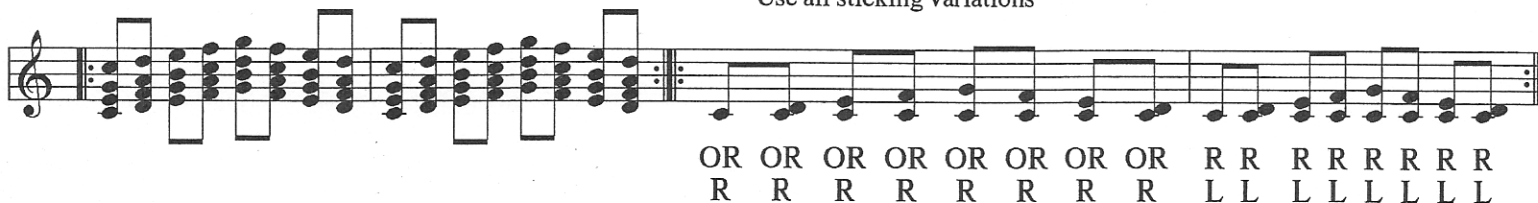
Ex 5

Ex 6



### C. 4 note chords (major, minor, aug. & dim.) D. Ostinato spread in one hand

Use all sticking variations



### Ostinato in both hands together



# V. Broken intervals (use all intervals)

Single hand

In 3rds

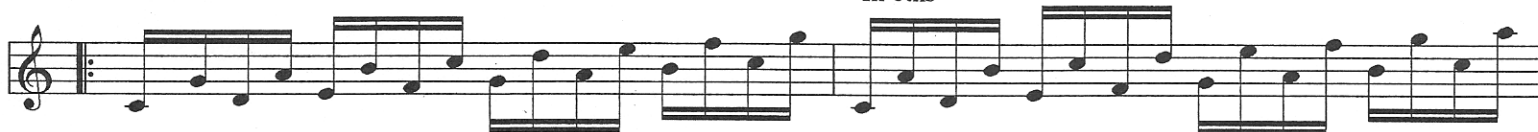
In 4ths



R OR R OR R OR R OR R OR R OR R OR R OR L R L R L R L R L R L R L R  
OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L

In 5ths

In 6ths



etc.

## B. Broken intervals in two 2 hands

In 3rds

In 4ths



R OR R OR R OR R OR R OR R OR R OR R OR R OR R OR R OR R OR R OR R OR R OR R OR  
OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L OL L

Octaves in 3rds



OL R L OR OL R L OR OL R L OR OL R L OR OL R L OR OL R L OR OL R L OR OL R L OR

Octaves in 4ths

4 Note chords-All forms

Ex 1



OL R L OR OL R L OR OL R L OR OL R L OR OL R L OR OL R L OR OL R L OR OL R L OR

etc.

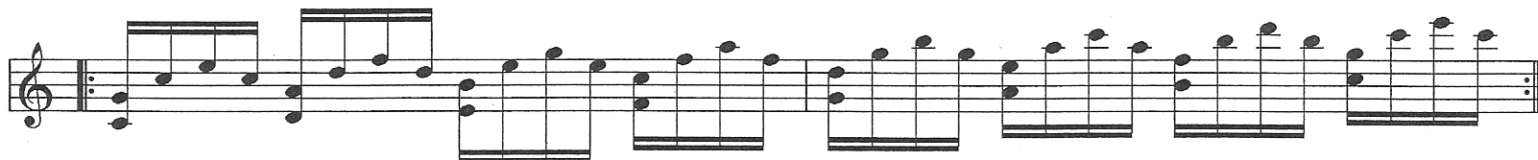
Ex 2

Ex 3

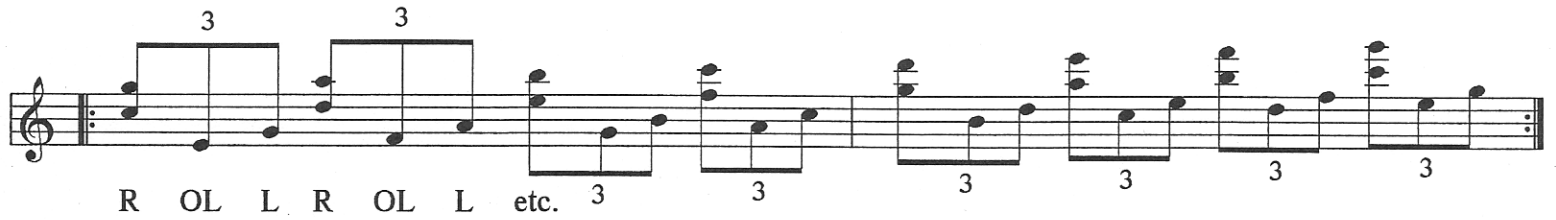
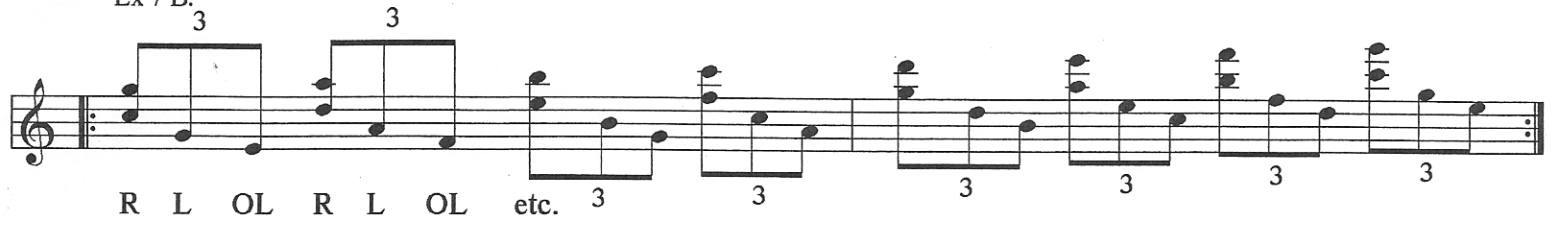


R OR R OR etc.  
OL L OL L etc.

Ex 4



Ex 7 B.



Ex 8

